

Exercise Class Schedule

Programs

Monday, Wednesday, and Friday

9:30 – 10:30 a.m.

Instructor – Carol Smith

Tuesday & Thursday

8:30 – 9:30 a.m.

Instructor – Jan Lindsey

Monday & Wednesday

6 – 7 p.m.

Instructor – Candace Weissinger

Saturday

9 – 10 a.m.

Adult Swim Fit Class to resume in May

Tues & Thurs 5:15 – 6:15 pm

Fees

Drop In & Non-resident: Adult \$4 Senior \$3

Or \$1 can be added to swim pass admissions

Discount passes available

**Please see our program brochure or web page www.cvsxim.com
for pass prices.**

Note: 30 Day, 90 Day, & Year passes include public swim

Please remember to take all personal belongings out of the dressing room and hang on the racks provided on the deck. Also be courteous to lap swimmers when entering the pool. The lane by the stairs is available prior to class.